

SECOND OF SERIES OF ARTICLES ON ARCHITECTURAL PLANS FOR THE MODERATE HOME

EVERY GIRL CAN, IF SHE WILL, CULTIVATE A PERSONALITY

Be Interested in the Lives of Others Beside Yourself—Every Baby a Potential Beauty. Says Mrs. Richardson

A GIRL who was asked the other day by another girl, who had once been a follower of her, what she had been doing with herself during the last six or seven years, replied that she had been "cultivating a personality."



A rather rakish little hat that sports four pompoms at the ends of four green silk ribbons. The ribbons hold the top of this little hat down snugly—perhaps the pompoms flatter themselves that they are useful in weighing down the crown, as well as ornamental.

Your child has a right to all the beauty which you can endow it. If your baby has thin eyebrows and lashes, try to encourage their growth. It is absolutely essential to allow a child to dust his mouth by sucking thumb or fingers. I have seen mothers actually stop this fatal habit by giving babies a pacifier or rubber nipple.

The tendency to suck the thumb is easily checked. From the very start remove the thumb or finger and by the little hand firmly down at the baby's side as he drops asleep. If he persists, then immediately—no matter the habit is almost impossible to have him sleep with one hand in a mitten. Thumb-sucking throws the teeth out, and in some cases gives the entire lower part of the face the shape of a rabbit's.

Even badly shaped hands and stumpy fingers can be remedied. Press them firmly, steadily, into shape a few minutes at a time, every time the baby awakens.

SOME are born with a personality, while others by constant efforts are able to achieve it. Given a keenly analytical mind and a genuine reaching out for friendly lines, unless a person has an offensively disagreeable side it can be done. Matthew Arnold, who was ranked as one of the most brilliant conversationalists when asked what his favorite topic was replied, "What my companion is most interested in." Following this rule he found that even the most diffident of creatures when his particular hobby was touched on would forget himself and expand to a remarkable degree. I have known very attractive girls who, by the adoption of a disinterested, bored air, repelled people, while other apparently colorless individuals gathered around them a host of friends, just because they understood.

DURING the present Baby-Week campaign a quotation from Anna Steese Richardson's book on "Better Babies and Their Care" seems particularly timely. Mrs. Richardson declares that it is the fault of the mothers if their children are not beautiful; that every baby is a potential beauty. Read her statement:

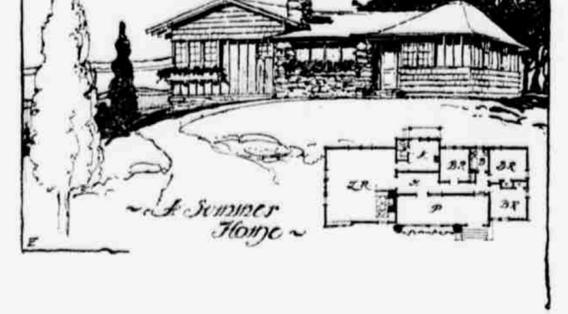
ADVICE TO THE HOME-BUILDER OF MODERATE MEANS

By VICTOR EBERHARD, R. A., B. Arch.

The Question of Materials fifteen per cent more than a frame house. It is not to be recommended. It is insubstantial for the reason that water soaks through the bricks or joints and wets the wood studding, which has no chance to dry. There are always leaks around openings. As a permanent investment it is entirely unsatisfactory.

The Stone House—In localities which have stone quarries within easy reach costs no more than the brick house. Stone is an attractive material and makes an enduring structure. It should be properly selected to secure the best effect. Almost any field stone can be used with good effect, if properly selected.

The Frame House—Covered with shingles or siding is not as durable as a brick or stone house and requires more attention, but its initial cost is about twenty-five per cent less, which is of course quite a consideration. It can be made very substantial and warm by using sheathing against the studding, then building paper with the shingles or siding well nailed on top.



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The Stucco House—Stucco on wood or wire lath is a useful method of building, as it costs about the same as wood, but has the advantage of requiring no painting and gives an effect of solidity which wood lacks. It will, however, not last as long as a frame house. Stucco on brick or hollow tile is very good and will last indefinitely, the cost being about the same as that of a good brick house.

Monday—The Style of Architecture. (Copyright.)

THE CHEERFUL CHERUB

I love our patriotic airs. They make me feel so thrilled and bold That when they're played in restaurants I stand until my soup gets cold.

What is a fomentation and how and where should it be applied? J. K. S.

A fomentation is a moist hot application. It may be applied in various ways. The important points are (1) to make the application as hot as can be borne without burning the skin; (2) to make the application cover a large area, the larger the better; (3) to continue for ten to fifteen to twenty minutes in usually the right time, to be renewed after an hour or more if necessary; and (4) to make a short, cooling application at the end.

The simplest method of application is by means of a flannel cloth wrung out of very hot water. It is well to apply a dry flannel cloth first to the skin. A flannel cloth previously wet may be heated by wrapping around a hot steam pipe or by laying on the top of a stove protected by a newspaper, or by means of a special electric heater.

When continuous heat is desired this may be secured by means of an electric thermopile placed over a moist cloth laid on the skin or a hot-water bag or a sandbag may be employed.

Sleeping With the Mouth Open Mouth breathing is the result of some obstruction in the nasal passages or in the throat. The obstruction should be removed by a competent specialist.

Toothbrushes Insanitary Are tooth brushes sanitary? MISS MABEL S.

It is important to keep the teeth clean and the tooth brush seems to be the best instrument for daily use, but the average tooth brush is most insanitary. A tooth brush should never be in use more than two weeks and it should be daily cleaned under running hot water. A soft brush is better than one so stiff that it scratches the gums.

Bath Temperatures In speaking of baths, what temperatures are advised by the form cold, hot, neutral, etc? J. K. S.

The following table gives the temperatures indicated by the various terms in common use.

Foods Least Likely to Putrefy in Intestines Who's foods are the least likely to putrefy in the intestines? J. K. S.

Foods which are rich in starch do not putrefy either in the body or out of it for the reason that the abundance of starch encourages the growth of germs which produce acids and thereby prevent the development of germs which cause putrefaction.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

XXX—Alarm and Excursions IT WAS nearly noon when I got up at the young lady's house yesterday. The bed was so soft and the night was so pink that I should think I would be sleeping yet. I washed my face and hands and crawled into my clothes and went downstairs with a groan.

We found the young lady in the hammock and she kissed me, and that kiss was certainly the best kiss I have had for a long time, except my father's. She said, "What will you have for breakfast?" I said, "I don't know. What will it be?" She laughed and said, "You are a joy forever. How would you like an egg?" I said, "I would like to have one, but I could stay until dinner time he would take me home in his runabout. I said, "No; I have got to go and look after my father." She said, "I will give you a dime to go on the street car." I said, "If you do I will walk and use the dime for a moving-pitcher show, too." And she did.

Rowdy and I rambled after we got home and we saw Wilbur Carpenter and his gang. Wilbur said, "Hello, kid." I said, "Hello, where are you going?" He said, "Fishing." They all had poles and they said, "Won't you come along?" I said, "I've never been fishing." Wilbur said, "It is easy. You can get your dog to a tree and we will dig some worms." I said, "Why the hell?" Wilbur said, "The sight of him will scare the worms." Then they all laughed. I said, "All right." They said, "We're not going to dig any more. We've got you just where we want you and your dog is tied up. What we will do to you will be plenty."

Then one of them pulled my hair and I slapped his mouth and another hit me with his fist. Then I ran until I came to the railroad tracks. There I found lots of stones all over the ground, and I slammed one at Wilbur and Rowdy. He said, "I got his hat and poured water on him from the ditch, and he came to and I helped him up."

I went home, and when I got there my father was standing in the door and Wilbur's father and he hit Wilbur. Wilbur's father was excited, and said, "My wife fanned me to come home, because my little Wilbur had been killed by that gang." And she did.

The next adventure of Patsy Kildare will appear in tomorrow's Evening Ledger.

Advertisement for Franklin Sugar, featuring a product image and text: 'Between meals, Sugar Cookies lessen fatigue. A Franklin Sugar for every use. Granulated, Dainty Lumps, Powdered, Confectioners, Brown.'

Advertisement for The Silk Undergarment Shop, featuring a product image and text: 'The Silk Undergarment Shop. 1122 Chestnut St. Next to Erie Bldg. 25c to 95c Double.'

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department will be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not accept responsibility for the content of correspondence. All correspondence should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

- 1. In making a broth should hot or cold water be poured over the meat and why?
2. What kind of kettle should be used in making soup?
3. How should veal be judged?

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. Covering the roasts with linen or crash for the summer will protect them and at the same time give the house a cool appearance.
2. It is said carpets can be brightened if turpentine is put into the water with which they are wiped.
3. To clean a rusty gas oven, saturate a wash cloth with limesed oil and rub over the oven until the rust has been removed. Wash the oven with a dry clean cloth; wash the burners and racks with hot washing soda and suds, then turn on the burners and dry the racks.

Breakfast Menu

Dear Madam—Can you suggest a few menus for breakfast? I have never been accustomed to taking more than coffee and rolls in the morning, but I expect to have guests next week, a man and his wife, who are used to having a substantial breakfast. CHRISTINE.
Serve orange juice in small whiskey glasses, a cereal with cream and sugar, poached eggs on toast garnished with cream slices of bacon, coffee and rolls or fruit of another kind (steamed prunes, bananas, grapefruit, rice or hominy with sugar and cream, soft-boiled eggs or French choux, fried potatoes, hot biscuit, buttered toast, etc.).
2. The wedding cake, packed in small white boxes, is placed near the entrance, to be taken after the guests have, or is distributed to the departing guests by a servant.

Mock Turtle Soup

To the Editor of Woman's Page: Dear Madam—Kindly publish a recipe for mock turtle soup. J. T.

The ingredients are one calf's head, one pound of calf's liver, one onion, twelve bay leaf, one carrot, one onion, twelve cloves, one turnip, two tablespoonfuls butter, three quart cold water, four even tablespoonful flour, one tablespoonful mushroom ketchup, one tablespoonful Worcestershire sauce, two hard-boiled eggs, one lemon, salt and pepper to taste. Have the jaws of the calf's head unjointed and the brains removed. Wash the head thoroughly, then pour boiling water through the throat and nasal passages, place in soup kettle and cover with cold water. Place over moderate fire and simmer for two hours, or until the meat is tender. Remove, take off the meat and tongue and place on ice to cool. Return the bones to the kettle, add the diced vegetables, cloves and bay leaf. Let simmer for two hours, strain and put away to cool over night, placing the liver and heart with the other meat. In the morning skim all the fat from the surface. Melt butter in a pan, add flour, then the soup; boil, stirring constantly for five minutes. Have ready the meat cut into dice add it to the soup and heat up the stock from fire, add sauces, seasoning and, if desired, a glassful of sherry. Before serving add the sliced hard-boiled eggs and lemon. This is the recipe given by Mrs. Rorer.

Reader's Recipe for Dandelion Wine

To the Editor of Woman's Page: Dear Madam—Noting a request in your column for a recipe for dandelion wine, I am sending you mine, which has always been successful. Steep two quarts of dandelions in four quarts of boiling water for ten hours, then strain through four muslin squares of sugar, more or less, according to taste, and the juice of two lemons. Boil in a jug and allow to ferment; then remove, wash out the jug, pour back the wine, add the juice of two lemons, add extra wine, so the jug will be filled all the time. (Mrs.) JAMES D.

Box With Cover for Back Porch

To the Editor of Woman's Page: Dear Madam—One of the most useful additions to my household was a wooden box with a hinged lid which sits on my back porch. It is perfect for holding the wash water, for I found that when milk was left at all overnight in it it spoiled. The warm water, for I found that when milk was left at all overnight in it it spoiled. The warm water, for I found that when milk was left at all overnight in it it spoiled.

Indoors Clothes Dryer

To the Editor of Woman's Page: Dear Madam—Can you tell me of any way to dry clothes conveniently indoors? In a small apartment such as ours, and with a fairly large washing machine, it is rather difficult to hang on a rainy day is rather difficult.

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IN THE MOMENT'S MODES

LE MILITAIRE From the top of her high military hat to the tips of her well-shod feet she may be entirely pro-pacifist for all her flaunting of military cut-coat and things. But which of us shall blame her, when capes of most all descriptions are, as any knowing woman will tell you, very much the thing? This particular confection is composed of dark blue gabardine with gay red pipings. Brass buttons help the illusion mightily.



Girl to Enroll for Farm Work

To the Editor of Woman's Page: Dear Madam—Could you tell me if our Government wants girls for farm work? If so, what are the requirements? Would you send me an application, although I have never seen one? I am eighteen years old and fairly good looking, but without any special training. I want to do what is right and I know the folks very well. EMMIE.

You can enroll for farm work at the Emergency Aid headquarters, 1424 Walnut street. I do not know the exact provisions made for those who go to the farms, but you can secure this information when your name is listed. The minimum age has been fixed at eighteen, although I understand if a girl is strong and there is no other objection to taking her she will probably be accepted at sixteen.

Father Objects to Suitors

To the Editor of Woman's Page: Dear Madam—My father objects to a couple of my young men friends who call to see me. He says he is a better judge of these fellows than I. Father has been a good daddy to me, but he has the habit of not listening to me. I can tell you that I am eighteen years old and fairly good looking, but without any special training. I want to do what is right and I know the folks very well. EMMIE.

From the tone of your letter I should judge that your father was right. This you would not have these doubts. It is not so much that he does not object to your seeing them occasionally, but is afraid of your conceiving an attachment for one of them. A man has more ways of knowing if a girl is strong and there is no other objection to taking her she will probably be accepted at sixteen.

Country Hike Garb

To the Editor of Woman's Page: Dear Madam—A young man asked me to walk with him recently and I went. We took a hike in the country and I went. We took a hike in the country and I went. We took a hike in the country and I went. We took a hike in the country and I went.

Rude Young Man

To the Editor of Woman's Page: Dear Madam—I am a girl of seventeen, and I have been a victim of a rude young man. He has been coming to my house and making a nuisance of himself. He has been coming to my house and making a nuisance of himself. He has been coming to my house and making a nuisance of himself.

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THE GOOD HEALTH QUESTION BOX

By DR. JOHN HARVEY KELLOGG

IF ONE would become beautiful, every habit of life must be carefully scrutinized. Adequate sleep, abundant exercise, proper diet and the daily bath are genuine beautifiers.

An abundance of fresh air in the dwelling night and day, proper clothing and the selection of the right materials to suit the varying atmospheric conditions are matters worthy of consideration by one whose ideal is beauty.

Real beauty is more than skin deep. To be handsome is one thing; to be beautiful is quite another. A handsome face may be so marred by unbecoming signs that it is not as to be positively repulsive, while a less regularly formed countenance may be fairly luminous with the beauty of character behind it.

Goodness, health, grace, beauty, are one and the same. Goodness is the perfection of beauty of character; health, the perfection of life.

Who's foods are the least likely to putrefy in the intestines? J. K. S.

Foods which are rich in starch do not putrefy either in the body or out of it for the reason that the abundance of starch encourages the growth of germs which produce acids and thereby prevent the development of germs which cause putrefaction.

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